



Post Home Care Instructions for Progressive Peeling Treatments

Day One - Skin may feel sensitive and show signs of redness

Immediately following treatment avoid sun exposure. Even though a light moisturizer and sunscreen is placed on the skin at the end of your treatment, the skin is vulnerable to heat and sun.

It is best not to apply make up until the following day if possible. *(Although if it is necessary it will not cause any problems)* Not wearing make up gives the skin an opportunity to settle down. If your treatment is in the morning, make-up may be worn in the evening.

The evening of your treatment, lightly cleanse skin with the appropriate cleanser and apply E.G.F. (Cream, Serum, or Gel). Do not use any home care correctives until advised to do so.

DO NOT use harsh scrubs after your treatment.

Generally, the skin is less irritated after the first 24 hours. If you experience any discomfort, oozing, or crusting, call right away. This is not abnormal and is nothing to be alarmed about. It is better to know what has taken place so that suggestions can be offered to alleviate some of the discomfort.

Day Two - Resume normal skin care routine - cleansing, toning, moisturizing, sunscreen, and make up.
Avoid direct sun exposure.

